

YOGA CAMP • 2016

FIND WHAT

Feels Good

1

I accept

2

I create

3

I embrace

4

I awaken

5

I am alive

6

I feel supported

7

I am capable

8

I choose

9

I am bold

10

I am present

11

I release

12

I trust

13

I deserve

14

I go with the flow

15

I am open

16

I enjoy

17

I am focused

18

I surrender

19

I respect

20

I am worthy

21

I believe

22

I surround myself

23

I am secure

24

I am in control

25

I am strong

26

I attract

27

I am grateful

28

I celebrate

29

I LOVE



30